

# **RYAN S. SHUGARMAN, M.D.**

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## **Education & Training:**

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| <b>2008 - 2009</b> | <b>Forensic Psychiatry Fellowship</b> , Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA |
| <b>2004 - 2008</b> | <b>General Psychiatry Residency</b> , Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA   |
| <b>2000 - 2004</b> | <b>Doctor of Medicine</b> , May 2004, University of Maryland School of Medicine, Baltimore, MD  |
| <b>1996 - 1999</b> | <b>B.A. in Psychology (With Distinction in All Subjects)</b> , January 2000, Cornell University, Ithaca, NY                                   |

## **Certification and Licensure:**

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| <b>July 2009 - Present</b>   | <b>D.C. Controlled Substance Registrant</b>  |
| <b>June 2011 - Dec 2021</b>  | <b>Diplomate in Forensic Psychiatry</b> , American Board of Psychiatry & Neurology                   |
| <b>April 2009 - Dec 2019</b> | <b>Diplomate in General Psychiatry</b> , American Board of Psychiatry & Neurology                    |
| <b>2009 - Present</b>        | <b>Unrestricted M.D. Licensure:</b> Washington, D.C.; Commonwealth of Virginia; State of Maryland    |
| <b>Fall 2007</b>             | <b>EMDR Level II Certification</b> , University of Pittsburgh School of Medicine                     |
| <b>2006 - Present</b>        | <b>Unrestricted DEA Licensure</b>  |
| <b>2006 - 2010</b>           | <b>Unrestricted M.D. Licensure:</b> Commonwealth of Pennsylvania, Inactive Status since January 2011 |
| <b>September 2005</b>        | <b>USMLE Licensure completed</b>   |
| <b>2004 - Present</b>        | <b>BLS Certification</b>   |

## **Professional Memberships:**

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|-----------------------|---|
| <b>2009 - Present</b> | <b>Member, Washington Psychiatric Society</b>                               |
| <b>2007 - Present</b> | <b>Member, American Academy of Psychiatry and the Law's Midwest Chapter</b> |
| <b>2007 - Present</b> | <b>Member, American Academy of Psychiatry and the Law</b>                   |
| <b>2007 - Present</b> | <b>Member, American Psychiatric Association</b>                             |
| <b>2000 - Present</b> | <b>Member, American Medical Association</b>                                 |

### Hospital Appointments/Privileges:

**2009 - Present**      **Faculty Member and Attending Psychiatrist, Saint Elizabeths Hospital, Washington, D.C.**

### Academic Appointments:

**2011 - Present**      **Clinical Assistant Professor of Psychiatry, Georgetown University Hospital, Washington, D.C.**

**2010 - Present**      **Faculty Member, The National Capital Consortium Military Forensic Psychiatry Fellowship Program at Walter Reed Army Medical Center, Washington, D.C.**

### Additional Appointments:

**2011 - Present**      **Secretary, Medical Staff Executive Committee, Saint Elizabeths Hospital, Washington, D.C.**

**2011 - Present**      **At-Large Member, Doctors Council of the District of Columbia, Washington, D.C.**

**2009 - Present**      **Member, Institutional Review Board, Pharmacy and Therapeutics, and Violence Reduction Committees, Saint Elizabeths Hospital, Washington, D.C.**

**2008 - 2010**      **Member and Media Spokesperson, Criminal Behavior Committee, American Academy of Psychiatry and the Law**

### Current Employment:

**2010 - Present**      **Private Practice, Ryan S. Shugarman, M.D., PLLC, Alexandria, VA.** In my private practice, I provide clinical care (psychotherapy and medication management) for patients in the Greater D.C. Area. Additionally, I provide forensic psychiatric consultation and perform forensic evaluations regionally and nationally for both criminal and civil matters, including the assessment of fitness for duty for pilots and air traffic controllers.

**2009 - Present**      **Faculty Member and Attending Psychiatrist, Saint Elizabeths Hospital, Washington, D.C.** This position entails providing psychiatric care and performing forensic evaluations for persons under court supervision. Additionally, I serve as an instructor and supervisor for medical trainees during their clinical rotations.

### Honors and Awards:

**Spring 2007**      **Finalist, American Psychoanalytic Association's Fellowship Program**

**Spring 2007**      **Resident Nominee, 21<sup>st</sup> Annual Rappeport Fellowship**

### Publications:

- **Shugarman RS.** A Revolving Door: Criminal Behavior in Prison and the Street. *American Academy of Psychiatry and the Law Newsletter.* 2010;35(1):18.
- **Shugarman RS.** Stalking: The Veiled Epidemic. *Psychiatric Times.* 2009;26(7):48-50.
- Martone CA, Nemoianu A, **Shugarman RS**, Singh A, Dolan Strano A. Forensic Psychiatry – Criminal Law. In: Kupfer DJ, Horner MS, Brent DA, Lewis DA, Reynolds CF, Thase ME, Travis MJ, eds., *Oxford American Handbook of Psychiatry.* New York: Oxford University Press, Inc.; 2008: 855-885.

- Nabors L, Weist M, **Shugarman R**, Woeste M, Mullet E, Rosner L. Assessment, Prevention, and Intervention Activities in a School-Based Program for Children Experiencing Homelessness. *Behavior Modification*. 2004;28(4):565-578.
- Benjamin L, O'Connell E, **Shugarman R**, Watanabe B, Gonzalez I. Students' Perspective: Reactions to War. *International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP) Bulletin*. 2000;11:15-16.

**Current Research Activities:**

**2007 - Present**      **Co-Investigator in a retrospective study of homicide defendants in Allegheny County, PA**, examining the defendants' characteristics and the associations between their socio-demographic features, psychiatric history, competency to stand trial status, and case disposition. University of Pittsburgh School of Medicine, Pittsburgh, PA

**Presentations:**

**January 12, 2012**      **Risk Assessment and Violence**, 1-hour Workshop, Crisis Intervention Officer (CIO) Training for District of Columbia Metropolitan Police Department, Washington, D.C.

**March 24, 2011**      **“Introduction to Mental Illness, Overview of Psychiatric Disorders, and Introduction to Psychiatric Medications,”** 3-hour Workshop, Crisis Intervention Officer (CIO) Training for District of Columbia Metropolitan Police Department, Washington, D.C.

**August 15, 2011**      **“Stalking: Hate or Love – Two Sides of the Same Coin?”** Lecture, Forensic Consult Service, Saint Elizabeths Hospital, Washington, D.C.

**March 24, 2011**      **“An Overview of Psychiatric Medications,”** Lecture, Crisis Intervention Team (CIT) Training for Arlington County law enforcement personnel, Ashburn, VA

**March 27, 2010**      **“The UCC Defense: Madness or Manipulation?”** Lecture, Midwest Chapter, American Academy of Psychiatry and the Law's 2010 Annual Spring Meeting

**October 31, 2009**      **“Psychiatric Characteristics of Homicide Defendants,”** Research in Progress Session, American Academy of Psychiatry and the Law's 40<sup>th</sup> Annual Meeting, Baltimore, MD

**October 24, 2008**      **“Adjudicative Competence: A Primer on Difficult Cases,”** Workshop, American Academy of Psychiatry and the Law's 39<sup>th</sup> Annual Meeting, Seattle, WA

**June 17, 2008**      **“Adjudicative Competence Revisited,”** Pittsburgh Forensic Journal Club, University of Pittsburgh Medical Center, Pittsburgh, PA

**December 21, 2007**      **“Stalking: Hate or Love – Two Sides of the Same Coin?”** Grand Rounds, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA

**October 18, 2007**      **“Pittsburgh Homicide Project,”** Poster Presentation, American Academy of Psychiatry and the Law's 38<sup>th</sup> Annual Meeting, Miami, FL

- September 11, 2007** “**Stalking: Epidemiology, Typology, and Etiology,**” Pittsburgh Forensic Journal Club, University of Pittsburgh Medical Center, Pittsburgh, PA
- April 20, 2006** “**The Relationship between Personality Disorders and Criminality,**” WPIC-Wide Journal Club, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA
- August 9, 2000** “**An Examination of Health Services Utilization by Homeless and Low-Income Youth and the Utility of Providing Health Education Classes,**” Poster Presentation, University of Maryland School of Medicine, Student Research Forum (STRTP Program), Baltimore, MD

**Teaching Activities:**

- January 24, 2012** “**Sexual Harassment**” and “**Trauma and Civil Law,**” 1-hour lectures to Georgetown University forensic psychiatry fellows, Washington, D.C.
- January 17, 2012** “**Disability**” and “**Americans with Disability Act and Relevance to Psychiatry,**” 1-hour lectures to Georgetown University forensic psychiatry fellows, Washington, D.C.
- September 8, 2011** “**An Overview of Psychiatric Medications and Introduction to Proposed Changes in DSM-V,**” Lecture to first-year Psy.D. students, The Chicago School of Professional Psychology, Washington, D.C..
- May 11, 2011** “**Medical Malpractice,**” Lecture to PGY II psychiatry residents, Georgetown University Hospital, Washington, D.C.
- 2010 - 2011** **Psychiatry Mini-Board Examiner,** Saint Elizabeths Hospital, Washington, D.C.
- Fall 2008 - 2009** **Clinical Supervisor and Instructor** for Georgetown University Hospital’s and The National Capital Consortium’s / Walter Reed Army Medical Center’s forensic psychiatry fellows; psychiatry residents from Saint Elizabeths Hospital, Georgetown University School of Medicine, and Howard University College of Medicine; and medical students from the Uniformed Services University of the Health Sciences (USUHS) during their rotation in forensic psychiatry at Saint Elizabeths Hospital in Washington, D.C.
- Annually, 2009-2012** “**Stalking – An Introduction to Important Clinical and Legal Aspects of the Phenomenon,**” Lecture to PGY II psychiatry residents, Saint Elizabeths Hospital, Washington, D.C.
- Fall 2008 - 2009** “**Competence and Capacity,**” Lecture to PGY II psychiatry residents, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
- 2008 - 2009** **Site Supervisor,** Forensic psychiatry elective for senior psychiatry residents, various sites, Western Psychiatric Institute and Clinic Forensic Psychiatry Fellowship, University of Pittsburgh School of Medicine, Pittsburgh, PA
- 2007 - 2008** **Preceptor,** Standardized Patient Exercises for MSIII medical students, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA

- 2007 - 2008**                    **Instructor**, Psychiatric Case Conferences for MSIII medical students, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
- January 11, 2006**            **“The Use of ECT in Children and Adolescents,”** Child and Adolescent Unit, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA
- October 20, 2005**            **“The Pharmacologic Treatment of Anxiety Disorders,”** Lecture to PGY I psychiatry residents, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
- September 2, 2005**         **“Examining Delusional Thinking,”** Psychotic Disorders Unit, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA
- 2005 - 2008**                    **Developer, Coordinator, and Preceptor**, “Resident Rounds” Case Conference for PGY I & II psychiatry residents, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
- August 25, 2003**            **“A Psychodynamic Approach to Eating Disorders,”** The Center for Eating Disorders at Saint Joseph Medical Center, Towson, MD
- October 25, 1999**          **“Object Relations Theory, An Overview,”** Cornell University Department of Psychology, Ithaca, NY

**Additional Professional Activities:**

- 2010 - Present**                **Psychiatry Residency Applicant Interviewer**, Saint Elizabeths Hospital, Washington, D.C.
- 2008 - 2009**                    **Supervisor and Trainer of a forensic psychiatry research assistant**, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
- 2006 - 2007**                    **Course Participant, *The James T. McLaughlin Training Program in Psychodynamic Psychotherapy***, offered through the Pittsburgh Psychoanalytic Foundation

**Previously Performed Forensic Evaluations:**

- Competency to stand trial (current and retrospective); *Jackson* hearings; competency to be sentenced; competency to waive the insanity defense
- Criminal responsibility
- Bolton hearings
- Appropriateness for unconditional release
- Psychiatric assessments for the Federal Bureau of Probation
- Competency to make medical and financial decisions; need for guardianship
- Competency to consent to electroconvulsive therapy (ECT)
- Testamentary capacity

- Need for, and appropriateness of, civil commitment
- Independent Medical Evaluations (IME's) for cases involving disability (private policies, federal disability retirement), psychic harm, sexual harassment, and defamation
- Consultative examinations for SSI disability
- Evaluation for impairment under the Family and Medical Leave Act of 1993
- Fitness for duty assessments for pilots (including assessments for the FAA/HIMS Program), air traffic controllers, engineers, and U.S. Peace Corps volunteers
- Medical malpractice
- Records review and consultative services
- Expert witness rebuttal reports
- Violence risk assessment
- Stalking risk assessment

**Past Moonlighting Positions:**

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| <b>2008 - 2009</b> | <b>Staff Psychiatrist</b> , SPHS Behavioral Health, Greensburg, PA – provided longitudinal outpatient psychiatric care at a community mental health clinic   |
| <b>2008 - 2009</b> | <b>Consultative Examiner</b> , Pennsylvania Bureau of Disability Determination, Greensburg, PA – performed independent psychiatric assessments of individuals applying for SSI disability  |
| <b>Spring 2008</b> | <b>Staff Psychiatrist</b> , Women's Intensive Outpatient and Partial Hospitalization Programs of Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA – psychiatrically assessed and treated patients   |
| <b>2007 - 2008</b> | <b>Staff Psychiatrist</b> , Center for Psychiatric & Chemical Dependency Services, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA – provided longitudinal outpatient psychiatric services for patients with dual diagnosis                            |
| <b>2006 - 2008</b> | <b>Co-investigator</b> , Nicotine Research Laboratory, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA – evaluated potential research subjects for study inclusion based on history and physical   |
| <b>2006 - 2008</b> | <b>Staff Psychiatrist</b> , Diagnostic and Evaluation Center, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA – performed psychiatric evaluations, delivered acute care services, and determined case disposition for patients in the psychiatric E.D. |
| <b>2006 - 2007</b> | <b>Staff Physician</b> , Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA – performed medical H&P's in the psychiatric E.D. and provided inpatient weekend medical coverage   |